

Are you interested in volunteering in the PPHP Lab? We are always excited to have talented and energetic students join our lab! You have an opportunity to have a great time learning about research, while also getting valuable experience for graduate school. We provide all necessary training for the tasks you will accomplish. As a PPHP Research Volunteer, you will have hands-on experience working directly with families, opportunities for co-authorship on presentations at international scientific conferences, priority consideration for thesis supervision, and guidance for applying to competitive graduate school programs.

There are currently three large CIHR-funded research projects underway in the PPHP lab. The Healthy Heart project examines the relation between children's cardiovascular health and risk for obesity with sleep habits. AdoQuest examines how environmental exposures may affect children's health; we have a special focus on whether secondhand smoke may physiologically prime adolescents to become smokers, beyond the effects of social modeling. EPOCH is an international study comparing 8 countries to examine how socioeconomic inequalities impact children's physical and mental health.

Skills you can develop as a PPHP research volunteer:

- Fidelity with research project protocols
- Psychophysiology measurements (accelerometers, ECG, EEG, blood pressure)
- Data entry, database management, statistical analyses
- Participant recruitment and scheduling
- Pilot testing ambulatory monitors and questionnaires
- Field work in communities and schools
- Safety and ethics training
- Cross-project opportunities
- Research lab meetings and conferences
- Social involvement

We are looking for:

- Intelligent and curious students
- Highly motivated and dependable
- Extremely organized with superb attention to detail
- Child, family, and health interests
- Professional and mature attitude
- Availability 10 hours each week (we offer flexibility weekdays, evenings, & weekends)
- Optimistic and resourceful problem-solvers

To apply to become a PPHP research volunteer:

Send an email to pphp@concordia.ca

Include a copy of your CV and transcript. Explain why you are interested in the PPHP and which projects you are most excited about. We accept applications year round, however, most volunteers are selected in August, December, and April.

Your application will be reviewed by the PPHP Senior Coordinators to determine fit and need within the current research projects. Qualified candidates have an initial interview with the Senior Coordinators. You may have interests and skills that overlap with several of our projects. Top candidates then have a second interview with Dr. McGrath, PPHP Director. Excellent candidates are then invited as research volunteers. Due to the nature of our research with children, all selected candidates are required to have a background security check and complete basic training prior to becoming a research volunteer in the PPHP. Candidates must be willing to commit to the lab for at least 4 months. Students working as research assistants in other labs will be considered with permission of their current lab supervisor. If no current RA opportunities are available, your application will remain on file.

What great things happened next: PPHP Research Volunteer All-Stars

Natsumi Sawada, PhD	Clinical Psychologist (McGill University), Mindfulness Coaching
Sara Charbonneau, MA	Coordinator/Assessment clinician at the Montreal Children's Hospital, Autism Spectrum Disorder Research Program
Julie Foisy, MPH	Practicum Placement and External Relations Officer; Dalla Lana School of Public Health; University of Toronto
Lana Bergmame, MA	PhD Candidate, McGill University (School/Applied Child Psychology)
Robert-Paul Juster, PhD	Postdoctoral Fellow, Columbia University, NY
Sima Gandhi, MSc	Epidemiologist, Institute for Clinical Evaluative Sciences (ICES), Toronto, ON
Tara Millman, MSc	Cochlear implant audiologist at Sunnybrook Health Sciences Centre, Toronto, ON
Amélie Béland, MA	Social worker at Ottawa Children's Treatment Centre (OCTC)
Natasha Hunt, BA	Senior Research Coordinator, Healthy Heart Project, PPHP Lab
Sabrina Giovannello, BSc	Senior Research Coordinator, EPOCH, PPHP Lab